## Abstract of the Disclosure

The use of compounds of the formula (1)

 $M(L)_n X_m$  (1)

## where

M is a metal atom from the group Mn, Fe, Co, Ni, Mo, W,

L is a ligand from the group of nitrogen-containing heterocycles,

X is chloride, bromide, nitrate, perchlorate, sulfate, ammonia, tetrafluoroborate, hexafluorophosphate or an anion of an organic acid having 1 to 22 carbon atoms,

n is a number from 2 to 4 and m is a number from 0 to 4, as catalyst for peroxygen compounds, in particular in washing, bleaching and cleaning compositions is claimed.